

**THE CONSTITUTION OF**  
**UGANDA BODY BUILDING AND FITNESS ASSOCIATION**  
**UBBFA**



**DEBATED AND ADOPTED AT THE SITTING GENERAL ASSEMBLY OF  
08/12/1996**

**AMENDED: 24/02/2008**

# **CONSTITUTION OF UGANDA BODY BUILDING AND FITNESS ASSOCIATION**

## **1. PREAMBLE**

We, members assembled here today, UNITED by the common desire of UNITY, prosperity and progress, recognizing that a United Front is the best way of furthering the objectives of any given people, do hereby constitute ourselves and others yet to come, into an Association, binding ourselves hereafter to the document that follows as the Constitution of the Association.

## **2. EMBLEM (LOGO)**

- i. A man and a woman in a posing motion
- ii. Two colours of blue and red has presented on the front cover of this constitution and on the corners of prevailing pages.

The logo is a registered trade mark and shall not be used without the expressed written consent of UBBFA. Where the consent for the use is granted, the logo shall not be modified in any shape or form except where in any shape or form except where the letters are replaced by the initials of a zone or region body.

The old Logo of a man and woman in a victory stance also bearing the two colors shall always appear on all official letters from the Association

The founder's logo

## **3. COMMON SEAL**

- i. The common seal shall bear the Association's name and Emblem
- ii. The filling of the common seal of the Association on any document shall be authenticated by the signature of the President and that of the secretary and witnessed by a member of the Executive committee.
- iii. The signature of the president and secretary on any document shall be independent of the signature of any other person who may sign any such documents as witnessed.

## **4 MOTTO**

- a) The association's Motto shall be HEALTH AND FITNESS

- b) It shall appear on all documents, symbols and badges of the association
- c) It shall be used when speaking on behalf of, or for the Association.

## 5 INTERPRETATION

In the interpretation of UBBFA constitution and rules unless the context otherwise requires.

- i. **“UBBFA’** shall mean Uganda Body Building and Fitness Association.
- ii. **“Constitution”** shall mean the by-laws of UBBFA as set out in the letters patent and supplementary letters patent and as prescribed and amended from time to time by the General Assembly.
- iii. **“Rules”** shall mean those rules, regulations, policies, guidelines, directions and decisions which the executive may from time to time prescribe and amend for the purpose of carrying out the objects of UBBFA.
- iv. **“Executive Committee”** shall mean the governing body of UBBFA, comprised of the president, Vice president, General secretary, Assistant General secretary, Regional chairpersons, Metropolitan zone leaders, Treasurer, Organizing Secretary, National Coach, and Four Technical Personnel’s (who will constitute, fitness official, Athletes representative, mobiliser and coordinator).
- v. **“Regional”** shall mean the four political regions of the country namely East, North, West and the Central affiliated area governing body of body building and fitness.
- vi. **“Metropolitan zone”** shall mean the sub-divisions within the central region comprising of Mukono, Entebbe, Nansana, Kawempe, Masaka and Kampala affiliated area governing bodies of body building and fitness that have been duly recognized by UBBFA
- vii. **“Members”** shall mean a member in good standing of the UBBFA, namely a member who is in conformity with (not in breach of) the constitution rules.

## **6. COMPOSITION:**

UBBFA, founded in 1972, is registered under the Ugandan law governing sports in the country under its umbrella of National Council of Sports (NCS) as a nonprofit legal entity and is a National Amateur Sport Governing Body for the sport of body building and fitness composed of the executive committee and those regional and zonal bodies that have been duly affiliated by the general assembly.

## **7. MEMBERSHIP**

Membership in UBBFA shall be non- transferable and shall be limited to those individuals and organizations interested in furthering the objects of UBBFA and who agree upon becoming members, to be bound by the constitution, rules and decisions and ruling of the executive committee and the General Assembly.

Members shall be offered in the following categories

## **8. EXECUTIVE COMMITTEE.**

This membership shall be comprised of those individuals who have been duly elected or appointed to the executive committee pursuant to the terms of the constitution.

## **9. NAME AND TITLE**

- a) The name and title of the Association shall be Uganda Body Building and fitness Association here in abbreviated as UBBFA.
- b) The Headquarters of the Association shall be in Kampala.

## **Club membership**

All Bodybuilding on fitness and participating gyms Clubs in the country shall affiliate to UBBFA.

Membership of any club shall be effective upon payment of an annual affiliation fee, which shall be determined by the executive committee. This fee

shall become due and payable in the month of January of each year. Any member club, region, gym or zone that fails to pay their annual affiliation fee may neither participate in, nor vote at the annual meeting, or the meetings of standing committee nor may their members participate in any competition organized under the sanction of UBBFA or any of its international affiliates. A letter of reminder shall be forwarded to any club, region, zone or gym who is delinquent in the payment of their annual fee.

### **Membership by Association**

Athletes, Judges administrators and other officials become members by virtue of their association with their region or zone pursuant to the terms and conditions as set out in the constitution a rules of their respective regions or zones.

### **Rights**

Every member shall have the right to participate in and to benefit from, any activity of UBBFA as long as he meets the qualifications of that event.

### **Resignation**

Upon submission of a resignation letter every member is free resign from UBBFA.

### **Revocation;**

By a majority vote of the executive committee or General assembly any member may have his membership revoked

### **Fee**

Every club shall pay an annual membership fee to UBBFA in such an amount as may be determined by the executive from time to time.

## **10. AIMS AND OBJECTIVES**

a) The main aim of the Association is to promote Body Building and fitness as a sport in Uganda, in accordance with the guidelines of the National of sports and the rules and regulations of the International Federations and Association of bodybuilding and Fitness.

### **b) The objectives of the Association are as follows:**

- i. To distribute research information on physical culture, nutrition and weight training to its members and other interested individuals and organizations.
- ii. To develop and intensify, co-operation and sense of sportsmanship among clubs, officials and body builders.
- iii. Organize courses, seminars and lectures for instructors and body builders as well as fitness lovers.
- iv. To organize bodybuilding and fitness competitions for the promotion of sports in Uganda.
- v. To prevent improper methods of practices in the sport particularly drug abuse and promote discipline among body builders and clubs.
- vi. To legislate roles for the sport of body building and fitness.
- vii. To supervise the activities of gyms regional and zonal activities.
- viii. To solicit and build assets for UBBFA like gymnasium etc
- ix. To sanction, regulate and control all national body building and fitness competitions.
- x. To liase and cooperate with National Sporting Bodies and any other sports Organisation whose objectives are in line with those of UBBFA, provided that such objectives are not detrimental to any aspects of the Association or any of its members.
- xi. To conduct training programmes for athletes, coaches, Judges and other officials.

## **11. FUNCTIONS OF THE ANNUAL MEETING**

All powers of the Association shall be vested in the General Assembly.

The annual meeting of the Association shall be held each year by 31<sup>st</sup> December at such time and place as the general meeting shall:-

1. confirm of the minutes of the preceding meeting and considering matters arising there from.
2. elect the chairman of the General meeting for the ensuring year.
3. receive reports from the President
4. receive/discus audited Accounts
5. Approve Budget for the following year
6. Consider/amend the constitution
7. admit new member clubs.
8. elect members of the Executive Committee.
9. A.O.B
10. Annual general meeting
11. General Assembly

## **12. THE EXECUTIVE COMMITTEE**

The Executive Committee shall consist of ten (10) members and shall be responsible for the running of the Association's activities and programmes.

## **13. FUNCTION OF THE EXECUTIVE COMMITTEE**

1. Draw up and implement the Association's programmes.
2. Monitor the progress of clubs, regions, zones, national athletes and participants to international competitions.
3. Implement policies and decisions of the General Assembly.
4. Prepare Annual Budget of the Association and submit to the General Assembly.
5. Liaise with other sports bodies to which the Association is affiliated.
6. Consider the admission of new member clubs pending confirmation of the Assembly.

7. Hold regular meetings at least once every two months.
8. Appoint ad-hoc Executive Committee member (s) in case of prolonged absence absconding of (an) elected one (s).

#### **14. COMMISSIONS**

UBBFA shall have the following commissions to assist in planning activities of the Association.

##### **a) Finance and Development Commission**

Finance and development commission shall be comprised of a chairperson who is the treasurer and a secretary appointed from the leadership of UBBFA and shall have the following duties;

1. To conduct research into exercise kinesiology as it applies to body building and fitness Athletes.
2. To educate the body building and fitness community on matters pertaining to sport- related issues.
3. To devise means and ways of raising funds for the association.

#### **15. WOMEN'S COMMISSION**

It shall be comprised of a chairperson and a secretary and shall have the following duties.

1. To promote, develop and control all activities of women in the sport of body building and fitness including competitions and championships.
2. To encourage regions and zone to form similar leadership as that on the National Level and Liaise with them directly in matters pertaining to women's body building and fitness.
3. To prepare materials for the wider popularization of women's bodybuilding and fitness.
4. To deliberate on any matter affecting women's bodybuilding and fitness and to recommend improvement in this area to the president and executive committee.

5. To fulfill any duties, that may be assigned by the executive committee or the president.

## **16. TECHNICAL COMMISSION**

1. Shall be responsible for handling technical issues
2. Shall handle any technical matters assigned to it by the Executive Committee or General Assembly.
3. Shall be responsible for analyzing performance of the National teams and prescribing remedial measures to problems contained therein.
4. Shall be responsible for suitable stages, platforms, uniforms, equipment which may be raised by members of the Association.

## **17. FUNCTION OF THE ANNUAL GENERAL MEETING**

It shall do all functions in plus election of executive members.

## **18. EXTRA – ORDINARY MEETINGS**

An Extraordinary General Assembly can be convened if:

A vote of no confidence is moved in the entire Executive and supported by one third of the member's clubs.

Notice for convening the Extra Ordinary General Assembly signed by at least  $\frac{1}{3}$  of members shall be submitted to the secretary who will convene the Assembly within 14 days. If the secretary fails, members will convene within 7 days and the meeting will be binding.

No other business other than the business it was convened for shall be discussed in that meeting.

## **19. ELECTION OF OFFICE BEARERS**

- a) (i) A returning Officer who shall be the General Secretary NCS of his representative shall conduct elections.

(ii) Members of the outgoing Executive Committee shall be eligible for re-election.

(iii) The elections shall be done only during the sitting of the general Assembly or EOGA specifically called for that.

**b) The elections shall:**

- i. be held every after four (4) years and after the dissolution of the hitherto incumbent committee.
- ii. be major item on the agenda.
- iii. there could be by – elections which shall be organized when an office falls vacant during the term.
- iv. be conducted along the guidelines of the procedure laid in this constitution.
- v. before by elections are conducted, the executive shall temporarily appoint from among themselves a person to take care of an office.

**c) Procedure of Elections**

- i. Voting shall be by either show of hands or by secret ballot depending on the wish of the delegates and shall be decided by a simple majority.
- ii. Every delegate has one vote.
- iii. Nominations of candidates to the various offices shall be done on the floor before the voting for each office. Each candidate nominated must be seconded.
- iv. A person who has unsuccessfully run for an office is free to contest for another with in the same election.
- v. The nominee should satisfy the assembly with his qualifications as stipulated in this constitution,
- vi. The returning Officer shall nullify the elections if any malpractices are detected in the proceeding of the election of any candidate.
- vii. Persons elected shall assume office and immediately take Oath at the end of the elections administered by the Returning Officer.
- viii. No delegate of any club not affiliated shall be allowed to vote.

## **20. QUALIFICATION OF OFFICE BEARERS.**

- i. No person shall qualify to be elected or shall occupy any of the following posts:
- ii. President, Vice President, Hon. Secretary, Hon. Treasurer and organizing Secretary, unless he meets the following:
- iii. Must have attained Ordinary levels of Education or Its equivalent
- iv. Must be mature, of high integrity, respectable character and of a clean legal record.
- v. Must have proven experience in the sport for a period of at least six (6) years.
- vi. Must not have been out or removed under duress from a public office or by the vote of no confidence or convicted of any criminal offence.
- vii. These qualifications must be strictly adhered to and the Assembly will scrutinize the candidates who are nominated during their testimonies after successful nomination.

## **21. COMPOSITION, DUTIES AND RESPONSIBILITIES OF OFFICE BEARERS**

The Executive Committee shall be composed of:-

President

Vice President

Secretary

Treasurer

Organizing secretary

Five (5) committee members elected from other delegates.

## **a) RESPONSIBILITIES**

### **i) President**

- a) Shall be the head of the Executive Committee and leader of the Association.
- b) Shall preside and conduct all meetings of the Executive Committee and shall have a casting vote.
- c) Shall coordinate the activities of the Association through its General Assembly.
- d) Shall be charged collectively with responsibility of efficient and smooth running of the Association.
- e) May delegate any of his/her powers to the Vice President, in case of incapability of the Vice President to act, he/she may delegate the said powers to any other member of the Executive.

### **ii) Duties of the Vice President**

Shall deputize and assist the President in his/her absence and carry out any other duties as shall be assigned to him/her by the President.

### **iii) General Secretary**

- a) Shall be principle officer-in-charge of the records of the Association.
- b) To assist the president in performance of his duties
- c) To provide information concerning bodybuilding, fitness and crossfit to interested parties
- d) To assist the president in resolution of any problems that may arise as a result of a violation of the constitution and Rules by any member or regional, zonal leader. If necessary the president may direct that he conducts an investigation in area concerned and the

party concerned shall incur the cost of his travel accommodation and meals.

- e) To make, when mandated by the president, the inspection tour of the region or zone in whose area bodybuilding, fitness or crossfit competitions are being organized.
- f) To be an ex-official member of all standing “ad hoc” committees.
- g) Shall convene in collaboration with the chairman, All Executive and General Meetings of the Association in accordance with the provisions of the Constitution.
- h) Shall generally make provisions for the safe custody and preservation of the valuable documents, records, dossiers, file stamps and the seal of the Association.
- i) Shall take and keep complete and proper minutes of proceedings at all meetings of the Executive.
- j) Shall be the Chief Information and Public Relations officer of the Association.

**iv) Assistant General Secretary**

Shall deputize and assist the General Secretary in his/her absence and carry out any other duties as shall be assigned to him/her by the General Secretary.

**v) Treasurer**

- a) Shall be the Principle Finance Officer of the Association in-charge of custody of its Finance/properties.
- b) Shall collect or cause to be collected affiliation fees and all other monies to which the Association shall be or be entitled to.
- c) Shall be in-charge of planning and preparing a budget for the Association, which he/she shall submit to the General Assembly through the Executive for approval. In this respect, he/she shall in conjunction with the Honourable Secretary have the duty of

reminding member clubs to pay up their membership fees, annual subscriptions, other contributions and dues.

- d) Shall keep proper books of accounts, which shall correctly reflect the financial standing of the Association at any time.
- e) Shall prepare or cause to be prepared audited Annual Financial Report, which shall be presented to the General Assembly.
- f) May, subject to the approval of the Executive, engage in other activities, which he reasonably thinks will promote the financial welfare of the Association.

**vi) Organizing Secretary.**

- a) Draw up a training programme including coaching seminars, clinics for coaches, referees, table officials and the game officials for the Association.
- b) Coordinate and facilitate the construction and development of Gymanasium for the Association.
- c) Development playing Competition programmes for clubs and teams.
- d) Solicit sponsorship when desirable for any of the above.
- e) Identify and organize appropriate venues for competitions.
- f) Organize and publicize, events and contest for the participants.
- g) Design and together with the entire Executive, implement beneficial projects to the Association provided that they are recommended and approved by the

**vii) Committee Members**

- a) Shall participate in the proceeding of the Executive meetings.
- b) Shall assist the office bearers in their activities or execute duties delegated to them by the Executive Officials.
- c) Shall be five (05), who shall be nominated, seconded and elected in the General Assembly. One of them shall a female, specially elected as Women's Representative.

- d) Any member who misses three consecutive meeting ceases to be a member.

## **22. TERM OF OFFICE**

The term of office of the Executive committee shall be four (4) years.

## **23 QUORUM OF MEETINGS**

At all Assemblies, the quorum shall be 1/3 of members.

### **a) Conduct of meetings: -**

- i) Meetings of the Association they shall begin and end with a prayer.
- ii) English, Luganda and Swahili are the official languages, at meetings but correspondence shall be in English.

### **b) Orders of Business**

- i) The agenda prepared for the General Assembly shall be adopted before discussions.
- ii) However, proposals for items to be include on the agenda may be forwarded at the time of notification of the General Assembly to the Executive Committee.

### **c) Speakers in a Meeting**

- i) Only the President shall allow a member to speak
- ii) Only one speaker should hold the floor at a time.
- iii) Members should channel their contributions through the President.
- iv) No member shall speak when the President is speaking.
- v) The President's ruling, after due consultation with the Executive, at any meeting shall be final.

## **24. FINANCES OF THE ASSOCIATION**

### **a) Sources**

1. Grants from NCS
2. Membership Fees
3. Competition Fees

4. Fines
5. Fundraising Functions
6. Sponsorship/Donations
7. And any other sources as approved by Executive.

**b) All monies of UBBFA shall be kept in a Bank approved by the Executive.**

- i) Any two of the President, Hon. Secretary and Treasurer shall be signatories.
- ii) The Treasurer shall not stay with ten thousand shillings for more than five days from the day of receipt, and shall be required to present a financial accountability statement after each major UBBFA event.
- iii) The financial Year of the Association will run from January to December.
- iv) A financial statement and an accountability of all monies received shall be presented to the Executive and General Assembly annually and remain open to inspection by the NCS General Secretary.

**25. REMOVAL FROM OFFICE**

1. The Executive Committee may decide to ask the President to suspend from office, an office bearer as a result of any dubious circumstances surrounding his integrity in service.
2. If an officer fails to fulfill his duties as laid down in this Constitution or is guilty of gross misconduct, the General Assembly may move a vote of no confidence in him.
3. The motion moving a vote of no confidence on any officer other than the President shall be handed to the President.
4. The suspended officer bearer shall be served with a notice of at least two (2) weeks before the meeting and shall have the right to defend himself in the General Assembly.

**26. AMENDMENTS**

1. Amendments of the Constitution shall only be done in the General Assembly.
2. No amendment shall be effective unless supported by at least two-thirds( $\frac{2}{3}$ ) of members present in the Assembly.
3. Such proposals must be submitted to the Hon. Secretary at least twenty-one (21) clear days before the date of the Assembly.

## **27. INTERPRETATION**

- a) Interpretation of this Constitution shall be vested in the Executive Committee.
- b) Their interpretation shall be final unless challenged by two third( $\frac{2}{3}$ ) of the members present at the meeting.

## **28. DISPUTES AND APPEALS**

- a) Member clubs, officials and other members shall not be permitted to bring disputes before a court of law.
- b) They shall undertake to submit disputes as stipulated in this Constitution.
- c) The decision of the Disciplinary Committee shall be final.

## **29. DISCIPLINARY COMMITTEE**

Shall be chaired by the President and it shall consist of:-

President

Hon. Secretary

Nation Coach

Two other members

### **Powers of the Disciplinary Committee shall be:-**

- a) To have authority to conduct investigations, issue reports to make findings infact, to make final decisions regarding all disciplinary matters.

- b) To have authority to impose Provisional suspensions.
- c) To have authority to impose suspension on Athletes and official of regional and zonal bodies and clubs.
- d) All appeals shall be dealt with as provided for in this Constitution and its Regulations.
- e) An Arbitration in Committee headed by the Patron shall handle disputes between warning parties. The decision of the Arbitration Committee shall be final.
- f) Suspend club official, coaches and individual participants, provided.
- g) It is judged in the interest of the Association and the game of body building.
- h) Handle any complaints regarding matters with athletes against officials which complaints shall be forwarded in writing within two (2) days of the incident to the chairperson of the Disciplinary Committee.
- i) To convene a meeting within a week after petition to discuss the issue in presence of the conflicting parties and the decision taken by the committee be made known to both parties.
- j) To take decision on cases of indiscipline or ugly incidents arising out of the competition organized by the Association and the decision shall be final.

### **30. DISCIPLINARY CODE**

Any member who:

- a) behaves in a manner disgraceful to the association
- b) damages the association's property.
- c) uses his or her position to undermine the objectives of the association
- d) neglects assigned association's duties
- e) contravenes the provisions of the constitution, shall be guilty of misconduct and shall be subjected to disciplinary action within the realm of the respective committee.

- f) the punishment, with regard to the above provisions, shall be proportionate to the misconduct and shall include:
- g) warnings or reprimands
- h) suspension
- i) compensation

### **31. DISMISSAL/ EXPULSION**

At all levels of the Association any number of the Executive who, without sound pardonable reason, fails to attend three consecutive meeting of the respective Executive Committee, shall automatically be presumed to have failed to perform the Association's duties and thereby relieved of the portfolio. The relevant by-elections in replacement therefore, shall be constitutionally organized within fourteen (14) days.

### **32. COMPETITIONS**

**a)** The Association shall participate in the following wherever possible:

- 1. National
- 2. Regional
- 3. Continental
- 4. International

**b) Ownership**

All bodybuilding and fitness national events and activities are the sole exclusive property of UBBFA. The granting of sanction to organize UBBFA competition, event or activity shall in no way, shape or form signify that UBBFA has relinquished its property rights, in whole or in part, to the competition, event or activity.

UBBFA shall not be held liable for any financial or other loss to organize and or associate, should UBBFA exercise its right with just cause to clean or reclaim its property.

**c) Rules and regulations** guiding body building competitions shall be adhered to strictly and the IFBB completion rules shall be applicable at

all UBBF sport events whether that properly is a competition event or other activity

- d) Each member club** shall have a copy of a manual containing rules and Regulations governing body building competitions.

### **33. TRUSTEES**

- a) There shall not be more than three (3) and not less than two (2) trustees of the Association.
- b) The trustees shall be appointed by the General Assembly and any property of the Association other than cash which shall be under the control of the treasurer shall be vested in them to be dealt by them as the general Assembly shall from time to time direct by resolution (of which an entry in the minute book shall be conclusive evidence)
- c) The trustees shall be indemnified against risk and expense out of the property of the Association.
- d) The trustee shall hold office until they resign or cease to be members of the governing council. The office of the trustee shall be vacated if such trustee:
  - i. Dies or became a lunatic of unsound mind
  - ii. Is absent from the republic of Uganda for a period of more than one year
  - iii. Is guilty of misconduct of such a kind to render it undesirable that he continues as a trustee.
- e) The trustees may also be removed from office by the General Assembly by majority vote.
- f) Where by reason of any cessation of office or for any reason whatsoever it appears necessary to the general Assembly that a new trustee(s) shall be appointed or if the General Assembly shall deem of expedient to appoint and additional trustee(s), the chairman of the General Assembly shall appoint the new or additional trustee(s) and the General assembly shall by resolution approve such appointment. For this purpose, the chairman

of the General Assembly is hereby appointed nominated as the person to appoint new or additional trustee(s) of the association within the meaning of section\_\_\_\_\_ of the trustees act, cap \_\_\_\_\_ and shall by deed duly appoint the person or persons to approved by the General Assembly as the new or additional trustee(s). The trustee Act, Cap.

- g) Shall apply to such appointment.
- h) Any statement of fact in any such deed of appointment shall in favour of a person dealing bonafied and for value with the Association, be conclusive evidence of the facts so stated.
- i) The Association shall notify National Council of Sports (NCS) and registrar commission of the address of its immovable properties, if any names of trustees and other subsequent changes.

### **34. MATTERS NOT PROVIDED FOR IN THIS CONSTITUTION**

Unless it is beyond the jurisdiction of the Executive Committee, matters not provided for in this Constitution shall be decided upon by the Executive Committee and reported to the next Assembly to ratification.

## **35. APPENDIX**

### **UBBFA CODE OF ETHICS**

The ubbfa code of ethics exists as a set of beliefs that have been written to serve as guidelines for the way in which all members, be they athletes, judges, officials, administrators or others should strive to conduct themselves as members of UBBFA family. Gyms and Clubs and other members join UBBFA of their own free will and, in so doing agree to abide by the UBBFA constitution and to rules of which the code of ethics forms an integral part. Any member who is found to have contravened the code of Ethics may be subject to disciplinary measures.

#### **Athletes:-**

We the athletes, realizing that our conduct reflects on the good name of the sport, and realizing the responsibility thereby placed upon us, pledge ourselves

1. to fulfill our responsibility to society, to other athletes, judges officials and administrators of UBBFA.
2. to honour, dignity, and support the sport by competing in the best condition and to the best of our ability and by being in top shape when giving an exhibition.
3. to respect our opponents on equal terms in the spirit of friendly rivalry and good sportsmanship.
4. to respect the UBBFA constitution and rules as well as the rules of competition and to observe them honestly in cooperation with other competitors, judges, officials, administrators, and organizers.
5. to accept the decisions of judges, officials, and administrators in the spirit of good sportsmanship without descending to selfish recriminations, realizing that these decisions have been made honestly, fairly and objectively.
6. to assist ubbfa in promoting the sport by acting as a goodwill ambassador of the sport, promoting the sport on a positive manner, and protecting the good image and the integrity of the sport and UBBFA.
7. to honour the special trust conferred upon us by our participation in and by our representation of, UBBFA and our country, act international events and to adhere to the standards of personal conduct expected of us.
8. to recognize the value of the sport and to promote its future by serving as an example to inspire other people to participate.
9. to oppose the use of banned substances and methods and to compete drug free.

END

SIGNED BY:

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President UBBFA

Haji Twaha Ddungu

